

Whole School Long Term Plan- Physical Education

Cycle		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Squirrels	1	Introduction to PE 1	Dance 1	Gymnastics 1	Ball skills 1	Fundamentals 1	Games 1
	2	Introduction to PE 2	Dance 2	Gymnastics 2	Ball skills 2	Fundamentals 2	Games 2
Acorn	1	Ball Skills Y1	Gymnastic Y2	Yoga Y2	Net and wall Y2	Striking and Fielding Y2	Team Building Y2
		Invasion Y1	Target Games Y2	Sending and Receiving Y1	Dance Y1	Athletics Y2	Fitness Y2
	2	Sending and Receiving Y2	Gymnastic Y1	Dance Y2	Target Games Y1	Fundamental Y1	Invasion Games Y2
		Fundamentals Y2	Striking and Fielding Y1	Fitness Y1	Net and Wall Y1	Team Building Y1	Ball Skills Y2
Sapling	1	Tennis Y4	Gymnastics Y3	Fundamental Y3/4	Athletics Y3	Dance Y3	Ball Skills Y3/4
		Hockey Y 3/4	Dodgeball Y3/4	Netball Y3/4	Dance Y4	Rounders Y3/4	Yoga Y3/4
	2	Fitness Y3/4	Handball Y3/4	Golf Y3/4	Athletics Y4	OOA year Y3/4	Swimming
		Cricket Y3/4	Football Y3/4	Tennis Y3	Basketball Y3/4	Gymnastic Y4	Rugby Y3/4
Oak	1	Badminton Y5/6	Gymnastics Y5	OOA year 5/6	Athletics Y5	Fitness Y5/6	Volleyball Y5/6
		Hockey Y5/6	Dodgeball Y5/6	Netball Y5/6	Dance Y6	Rounders Y5/6	Yoga Y5/6
	2	Tennis Y5	Handball Y5/6	Golf Y5/6	Dance Y5	Athletics Y6	Swimming
		Cricket Y5/6	Football Y5/6	Tennis Y5	Basketball Y5/6	Gymnastics Y6	Rugby Y5/6